|  |  |  |  |
| --- | --- | --- | --- |
| **Name of person** | **Factor 1** | **Factor 2** | **Factor 3** |
| Mrs. Egg Sample | Being with my family | Going on holiday | Buying new clothes |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

What makes people happy?

Name: 20.1.2016

Please interview 5 adults that you know over the holidays

and find out 3 things that make that person happy

(factors that influence their well-being).

Line of inquiry:

☺ factors that influence human well-being

